

APHASIA GROUPS 2023

JANUARY 2023

Happy New Year! 

Dear Group Participants, Friends, & Family,

It was wonderful to have you all back on campus this semester! And, I am happy to report that our online group has continued to run successfully as well. We re-start the semester in a couple of weeks and I want to remind you of some important notes:



1. Meetings begin again on Friday, January 20th, same place, same time. They end April 28th.

- a. Language Groups- 11:00 am- 12:30pm
- b. Book Clubs- 1 pm-2:30 pm
- c. NO group on March 17 (Spring Recess)

2. Those staying in the same groups do not need to RSVP! Just come! If you would like to request a change or are joining for the first time, please let me know! (email, text or phone call)

3. Every winter we have a few days where the school closes due to weather. We will not hold aphasia groups on those days. Of course if the university does not close, and you feel at all unsafe, please do not drive! You can join our online group that day or take the week off.

4. You can find updated information on the **Aphasia Rehab Lab website**. It includes the link to online group, materials for books, and more: <https://aphasia-rehab.slhs.uconn.edu/>



I look forward to seeing you all!

Jennifer L. Mozeiko

contact Jen at 860-420-9828 or jennifer.mozeiko@uconn.edu

EXTRA NOTES



Aphasia Book Club will be reading :
A Night Divided

by Jennifer Nielsen. We will have a copy of the book and the reading schedule for you on the first day. If you are in remote book club and would like me to mail a book to you, please ask! For speediest delivery, best to order from Amazon or pick up at library.

DONATIONS

We very much appreciate those who able to donate \$25 per semester to pay for supplies and various events but please note that this is voluntary! Those wishing to donate can give cash, venmo, or make a check out to the UConn Foundation. Checks must include this in the memo line: **633540-Aphasia Program**



FRIENDS & FAMILY

Informal friends and family groups will continue to be held on a weekly basis at **11:00-12:30** on **Fridays** when aphasia groups take place and just down the hall. Groups are led by knowledgeable and experienced caregivers with the assistance of a student clinician.

Discussions tend to revolve around a topic but pressing and specific issues are prioritized. This is a great place to brainstorm solutions for difficulties at home and to connect with other people in the same boat!

Online family and friend sessions are held monthly beginning in February. Please keep an eye out for an email with specific times. You may attend even if your family member with aphasia is not attending a group with us!

